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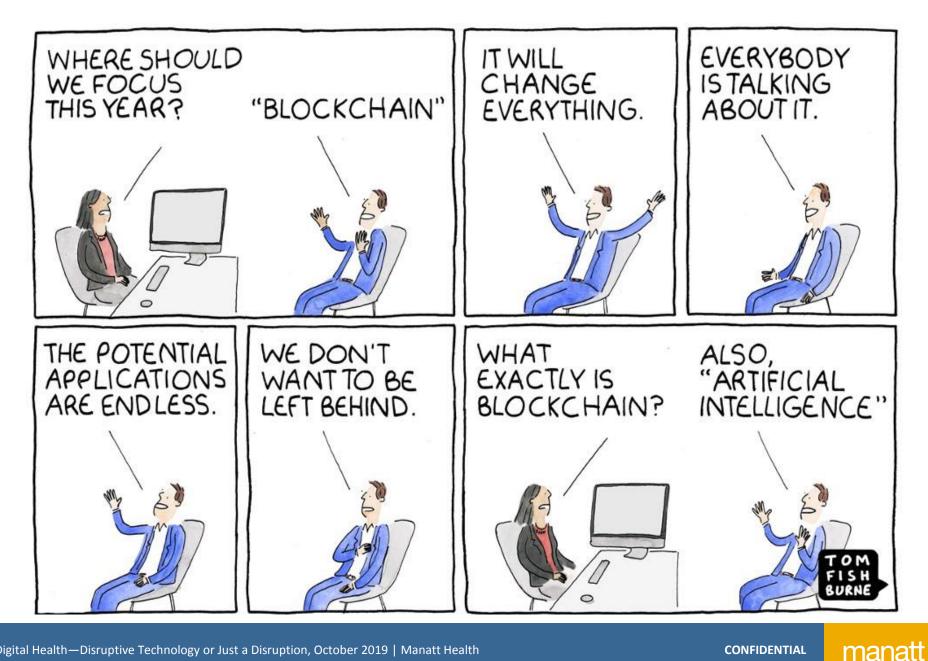
# Digital Health— Disruptive Technology or Just a Disruption?

Lisa Suennen

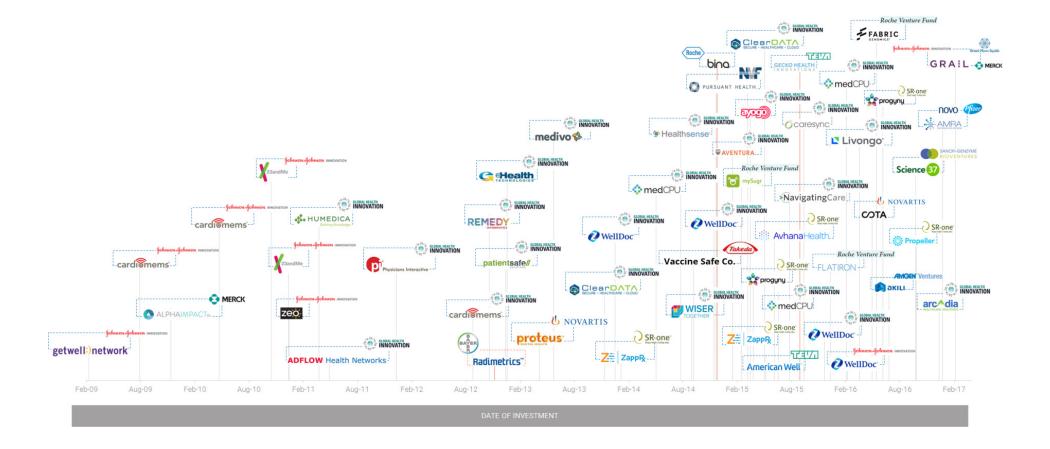
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October 2019

### Tech Is Everywhere, But Is It Ready for Prime Time?

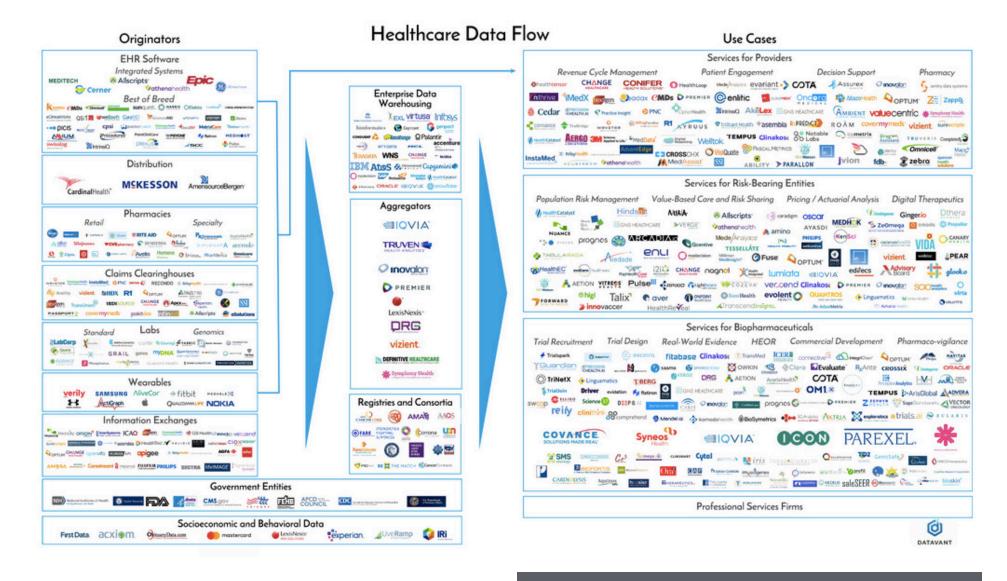


### Pharma Investments & Acquisitions in Digital Health Companies From 2009 to 2017



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### Lots of Innovation, But It Can Be Overwhelming...



#### This is but a small subset of players...

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### **Compounded by a Proliferation of Data**



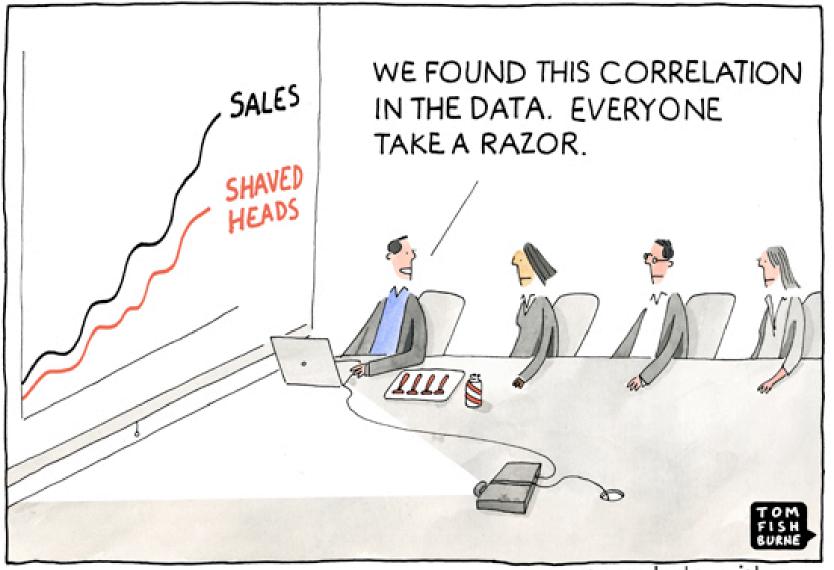
"After careful consideration of all 437 charts, graphs, and metrics, I've decided to throw up my hands, hit the liquor store, and get snockered. Who's with me?!"





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The future of precision medicine

### **Digital Technology: High-Value Pharma Use Cases**



### Audience Poll #1:

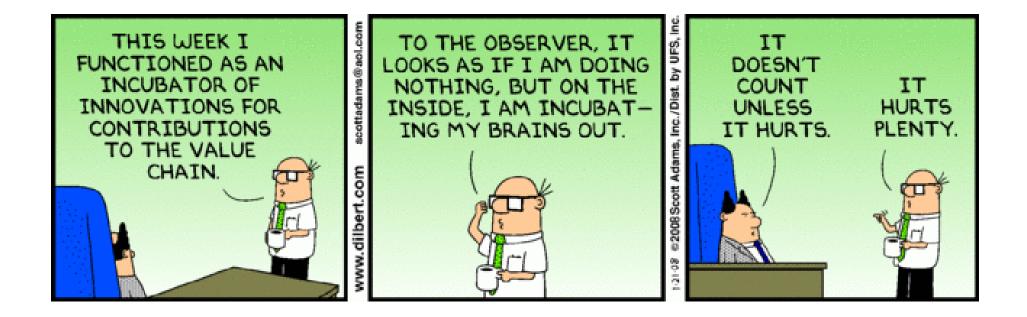
What do you consider to be the best short-term use case for digital health, where it can create the most immediate value?

- 1. Research and discovery
- 2. Clinical trials
- 3. Post-treatment monitoring
- 4. Administrative operations/supply chain
- 5. Patient experience

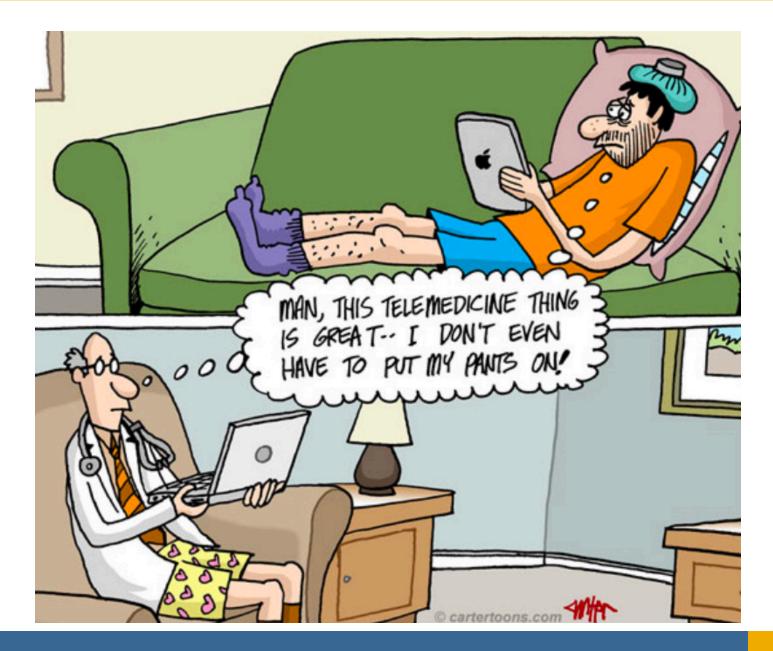
### The Newish, New Things

- Telemedicine & Remote Sensing
- Artificial Intelligence (AI)
- Blockchain
- Digital Therapeutics

- 3D Printing
- Virtual Reality
- Voice



### **Telemedicine & Remote Sensing**



### **Opportunities for Pharma & Telemedicine Clinical Trials**



### **Opportunities for Pharma & Telemedicine**— **Diagnosis and Treatment**



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### Al: Great Promise, a Long Way Away From Nirvana

#### Bloomberg.com

### Al Will Give Us Better French Fries

兆 cnbc.com

A.I. could lead to a nuclear war by 2040, think tank warns

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Apr. 26th, 2018
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Send to Kindle

Apr. 25th, 2018

Send to Kindle





"In from 3 to 8 years we will have a machine with the general intelligence of an average human being." — Marvin Minsky

**Guess What Year** 

### **10 AI Applications That Could Change Health Care**

APPLICATION	POTENTIAL ANNUAL VALUE BY 2026		KEY DRIVERS FOR ADOPTION	
Robot-assisted surgery	\$4	40B	Technological advances in robotic solutions for more types of surgery	
Virtual nursing assistants	20		Increasing pressure caused by medical labor shortage	
Administrative workflow	18		Easier integration with existing technology infrastructure	
Fraud detection	17		Need to address increasingly complex service and payment fraud attempts	
Dosage error reduction	16		Prevalence of medical errors, which leads to tangible penalties	
Connected machines	14		Proliferation of connected machines/devices	
Clinical trial participation	13		Patent cliff; plethora of data; outcomes-driven approach	
Preliminary diagnosis	5		Interoperability/data architecture to enhance accuracy	
Automated image diagnosis	3		Storage capacity; greater trust in AI technology	
Cybersecurity	2		Increase in breaches; pressure to protect health data	

SOURCE ACCENTURE

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Since 2016,

over 1100

healthcare

companies

have been

funded—

next up:

us sort

Al to help

through AI

companies!

AI/ML

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### Audience Poll #2:

What do you consider to be the greatest barrier to significant Al adoption in the pharmaceutical and biotech industry?

- 1. Data quality too poor to have predictive value
- 2. Researcher/Physician discomfort with "being replaced by software"
- 3. Cultural issues; hard to change historical way of doing things
- 4. We don't have the right people in place with advanced technology skill sets
- 5. Companies providing AI products don't understand the industry well enough to make products valuable

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### Blockchain

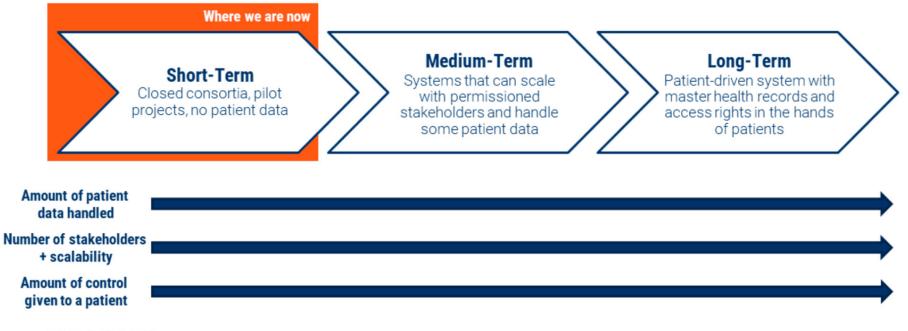


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#### WHAT DOES TOMORROW LOOK LIKE?

# Blockchain + Healthcare: A Potential Roadmap

Use cases for blockchain will start in small projects that reduce duplicative work but can eventually shift to a system where patient's control access rights to their data



**CBINSIGHTS** 

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### **Digital Therapeutics**



"Great news. There's a new, highly effective app for what you've got."

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### **Digital Therapeutics—Landscape**



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### **DTx Clinical Validation—What's Out There?**

- From the HealthXL Platform's DTx dashboard, there are 179 identified studies on PubMed that map to 58 DTx companies
- Of these, 49 studies have been published by the top 5 funded companies
- The studies vary in size, design (safety/feasibility/usability studies, technical evaluations, randomized clinical trials)
- A number of these DTx have undergone bench tests and are the subject of white papers that are not peer-reviewed and are do not appear in medical journals

PDT vs D2C : Highest Funded DTx vs Evidence* DTx with most clinic $\neq$ evidence							
most funded PDT	Num of Publications		DTx	Num of Publications			
1. Proteus Digital Health	14	Silver Cloud Health		17			
4. Akili	5	Propeller Health		16			
5. Pear Therapeutics	1	Glytec		13			
		1	Brainsway	12			
D2C	Num of Publications		Virta	12			
2. Livongo	14	WellDoc		12			
3. Omada Health	15		Voluntis	9			

**COChealthx** 

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\*All publications captured on PubMed through company names and author affiliations

### **3D Printing**



You see Mum, I told you that if I can spin a web, I can do 3D-printing...

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### **Virtual Reality**



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### Virtual Reality is Already in Use

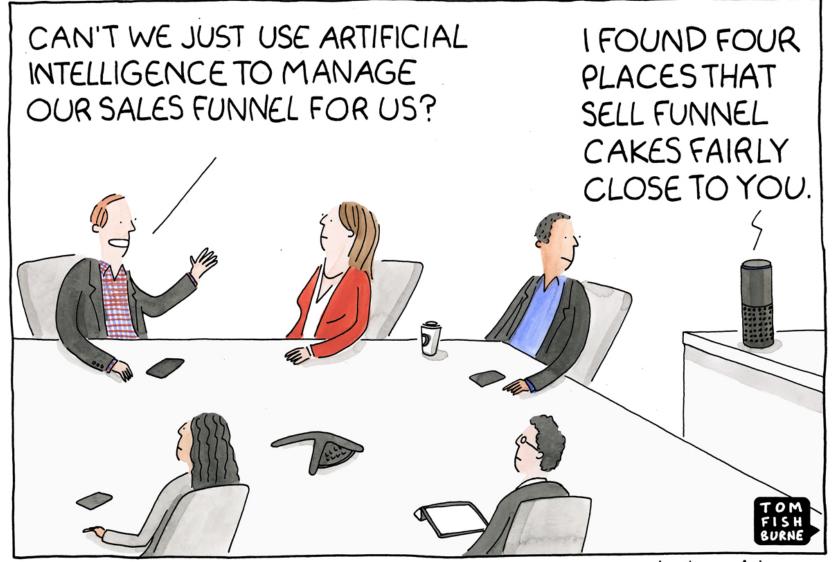
- Reduction of anxiety before surgery
- Postsurgical pain management
- PTSD treatment
- Physical and stroke rehabilitation
- Patient education preprocedure
- Physician training for surgery



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### Voice: The Harmonious Integration of AI, IoT and UX

# 20 years, 5 waves of digital disruption

Web

Make it **virtual.**  Search Make it discoverable.

Social Make it shareable.

Mobile Make it responsive. Voice Make it conversational.

LUMINARY LABS

"The next billion people to come on-line may never type an email" — Wall Street Journal

46% of Americans use digital voice assistants





43% of voice interactions are with smartphones; only 8% are with standalone devices

PEW RESEARCH CENTER

Voice tech is being integrated everywhere: showers, mirrors, light switches—even toilets



LUMINARY LABS

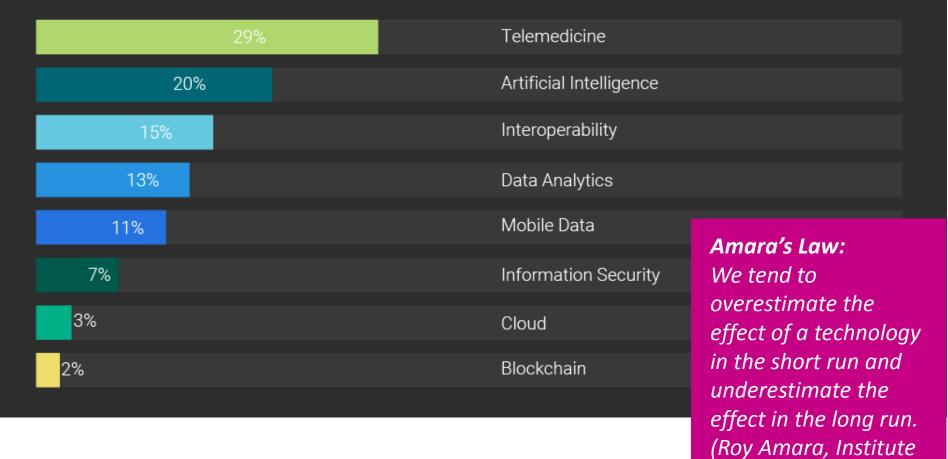
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### Which Technologies Will Have The Biggest Impact?



Source: Reaction Data.

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for the Future)

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### **Audience Poll #3:**

What technology do you believe will have the biggest impact on the healthcare industry overall within the next ten years?

- 1. Artificial intelligence/machine learning
- 2. Voice as user interface
- 3. Telemedicine
- 4. Digital therapeutics
- 5. Blockchain

## We Have Arrived at the 'Show Me The Money' Phase of the Digital Health Program

- Finally, a demand for evidence of value
- Yesterday's measures: # of investments, # of partnerships, # of pilots
- Today's measures: speed to discovery/market, throughput, revenue impact, margin, adherence, patient satisfaction, customer retention
- Why?
  - No clear correlation between the top five funded digital health startups and the generation of (published) evidence
  - No positive correlation between the global NCD burden and number of digital health-related studies
  - Collective \$40 billion invested in digital health since 2010—the value generated is not in the same zone



### **In Conclusion**

- Digital technology suffers from an abundance of hype and a lack of clean and useful data
- But it also offers much promise: already a reality in some places, with oncology, metabolic disorders getting particular attention
- The age of evidence is here...as is the expectation of patient-reported data
- Many parts of biology still mysterious—can't program what we don't understand
- The patients and workers of the next decade won't ever look up from their phones and want everything to feel like Amazon Prime
- Innovation is as much cultural as technical
  - New thinking often requires new people
  - Data science, consumer experience, design thinking are essential skill sets soft skills must mesh with science



### **Thanks for Your Time!**



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Find my blog and podcast at <a href="http://venturevalkyrie.com">http://venturevalkyrie.com</a>

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